

Hot Apple Cider

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-summer-apple-cider-recipe>

Ingredients:

- 6 cups apple cider
- 1/4 cup maple syrup real
- 2 cinnamon sticks
- 1 orange cut into fourths
- 1 lemon cut into fourths
- 6 whole cloves
- 6 whole allspice berries

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 46 grams
3. Fiber: 3 grams
4. Protein: 1 grams
5. Sodium: 30 milligrams
6. Sugar: 38 grams

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