

# Gingerbread Tea Latte

Yield: 1 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-herbal-tea-recipe>

## Ingredients:

- 1 bag herbal tea Celestial Seasonings Gingerbread Spice
- 2 teaspoons agave syrup or equivalent sweetener of your choice
- 1/2 teaspoon pure vanilla extract
- 1/2 cup 1% milk or the milk of your choice
- 1 dash ground cinnamon

## Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 5 milligrams
4. Fat: 1 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 1 grams
8. Sodium: 55 milligrams
9. Sugar: 7 grams

---

Thank you for visiting our website. Hope you enjoy Gingerbread Tea Latte above. You can see more 20+ holiday herbal tea recipe You won't believe the taste! to get more great cooking ideas.