

Harvest Soup

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-harvest-soup-recipe>

Ingredients:

- 6 large carrots peeled and cut into large pieces
- 2 sweet potatoes peeled and cut into large pieces
- 1 sweet onion peeled and cut into large pieces
- 4 apples cored and quartered
- 2 garlic cloves peeled
- 2 cups vegetable broth
- 2 cups water
- 3 tablespoons maple syrup
- 1/2 tablespoon curry powder sweet
- 1/2 tablespoon canela
- 1 teaspoon turmeric
- 1 teaspoon cumin
- 1 teaspoon black pepper