

Amaranth Shortbread Rajgira Cookies

Yield: 4 min
Total Time: 32 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-gf-biscotti-with-amaranth-flour-cranberries-and-pistachios-recipe>

Ingredients:

- 1/2 cup butter or 1/3 cup olive oil
- 3/4 cup dark brown sugar
- 2 teaspoons ginger
- 1/8 teaspoon nutmeg optional
- 1 teaspoon lemon zest optional
- 1 tablespoon lemon juice fresh optional
- 1/4 teaspoon sea salt
- 1 1/2 cups amaranth flour
- 1/2 cup pistachios and cashews, finely chopped

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 60 milligrams
4. Fat: 30 grams
5. Fiber: 2 grams
6. Protein: 3 grams
7. SaturatedFat: 15 grams
8. Sodium: 320 milligrams
9. Sugar: 41 grams

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