

Banana Cranberry Muffin

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-gas-station-orance-cranberry-muffin-recipe>

Ingredients:

- 12 ounces cranberries
- 1 2/3 cups sugar divided
- 1 cup water
- 1/3 cup shortening
- 2 eggs
- 1 3/4 cups flour
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1/4 teaspoon baking soda
- 3 bananas ripe

Nutrition:

1. Calories: 830 calories
2. Carbohydrate: 156 grams
3. Cholesterol: 105 milligrams
4. Fat: 20 grams
5. Fiber: 9 grams
6. Protein: 10 grams
7. SaturatedFat: 5 grams
8. Sodium: 680 milligrams
9. Sugar: 98 grams
10. TransFat: 2 grams

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