

# Cranberry-Jalapeno Cream Cheese Dip

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-cranberry-jalapeno-dip-recipe>

## Ingredients:

- 12 ounces fresh cranberries
- 5 green onions chopped
- 1/4 cup chopped fresh cilantro
- 1 jalapeno pepper seeded and finely diced
- 1 cup sugar more or less to taste
- 1/2 teaspoon cumin
- 2 tablespoons fresh lemon juice from about 1 large lemon
- 1/8 teaspoon salt
- 16 ounces cream cheese each packages, light or regular, softened
- crackers for serving

## Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 125 milligrams
4. Fat: 40 grams
5. Fiber: 5 grams
6. Protein: 8 grams
7. SaturatedFat: 22 grams
8. Sodium: 490 milligrams
9. Sugar: 58 grams

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