

Guinness Glazed Slow Cooker Corned Beef

Yield: 12 min
Total Time: 510 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-corned-beef-recipe>

Ingredients:

- 4 pounds corned beef in pickling liquid and spices
- 1 bottle guinness /can, 12+ ounces, or other Irish stout
- 1 small onion sliced
- 1 clove garlic chopped
- 1/4 cup brown sugar
- 2 tablespoons grainy mustard
- 1 tablespoon Worcestershire sauce
- salt
- pepper

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 80 milligrams
4. Fat: 23 grams
5. Protein: 23 grams
6. SaturatedFat: 8 grams
7. Sodium: 1950 milligrams
8. Sugar: 3 grams

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