

# Fresh Cinnamon Buns

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-cinnamon-buns-in-a-jar-recipe>

## Ingredients:

- 1 cup milk lukewarm
- 2 large eggs room temp
- 1/3 cup butter soft, cut up
- 4 1/2 cups all purpose flour
- 1 3/4 teaspoons kosher salt
- 1/2 cup white sugar
- 2 1/2 teaspoons instant yeast or active dry yeast
- 1/3 cup butter softened
- 1 cup light brown sugar packed
- 3 tablespoons cinnamon
- 6 tablespoons cream cheese softened
- 1/4 cup butter soft
- 1 1/2 cups confectioners' sugar
- 1/2 teaspoon vanilla extract

## Nutrition:

1. Calories: 1540 calories
2. Carbohydrate: 241 grams
3. Cholesterol: 250 milligrams
4. Fat: 55 grams
5. Fiber: 8 grams
6. Protein: 23 grams
7. SaturatedFat: 32 grams
8. Sodium: 1520 milligrams
9. Sugar: 127 grams

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