

Candied Pecans

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-candied-pecans-recipe>

Ingredients:

- 1 egg white
- 1/2 cup sugar
- 1 teaspoon ground nutmeg freshly
- 1 teaspoon cinnamon
- 1/2 teaspoon salt
- 2 cups pecans raw shelled

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 36 grams
3. Fat: 53 grams
4. Fiber: 8 grams
5. Protein: 8 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 310 milligrams
8. Sugar: 28 grams

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