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## **Baked French Toast Muffins**

Yield: 12 min Total Time: 15 min

Recipe from: https://www.recipeschoose.com/recipes/holiday-baked-french-toast-recipe

## **Ingredients:**

- 1 loaf french bread cut or torn into 1/2 inch cubes, about 12 cups of bread
- 2 1/2 cups milk
- 6 large eggs
- 1/2 cup granulated sugar
- 1 tablespoon vanilla extract
- 1 teaspoon ground cinnamon
- 1/4 cup butter cold
- 1/4 cup light brown sugar
- 1/4 cup Gold Medal Flour all-purpose
- 1/8 teaspoon ground cinnamon
- 1 pinch salt
- maple syrup Butter and, for serving, optional

## **Nutrition:**

Calories: 260 calories
Carbohydrate: 37 grams
Cholesterol: 120 milligrams

4. Fat: 8 grams5. Fiber: 1 grams6. Protein: 10 grams7. SaturatedFat: 4 grams8. Sodium: 340 milligrams

9. Sugar: 19 grams

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