

# Hokkaido Milk Toast (Japanese style)

Yield: 20 min  
Total Time: 135 min

Recipe from: <https://www.recipeschoose.com/recipes/hokkaido-milk-toast-japanese-style-recipe>

## Ingredients:

- 4 cups bread flour
- 3/4 cup caster sugar
- 1 5/16 teaspoons salt
- 5/8 tablespoon full cream milk powder?original recipe calls for a kind of natural milk essence
- 15/16 tablespoon dried yeast instant
- 5 2/3 tablespoons egg whisked
- 7 7/8 tablespoons whipping cream
- 2 15/16 tablespoons milk
- 6 1/2 ounces tangzhong method of making tangzhong
- 3 7/16 tablespoons unsalted butter melted

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 30 milligrams
4. Fat: 4 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 2 grams
8. Sodium: 170 milligrams
9. Sugar: 4 grams

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