

Three Envelope Roast

Yield: 7 min

Total Time: 485 min

Recipe from: <https://www.recipeschoose.com/recipes/hidden-valley-ranch-dry-italian-dressing-mix-recipe>

Ingredients:

- 3 cups potatoes chopped and peeled, 1 - 1½ inches in size, about 4 potatoes
- 3 cups carrots chopped and peeled, 1½ - 2 inches in size, about 6 carrots
- 1 cup yellow onion chopped, about ½ onion
- 1 7/8 ounces McCormick Brown Gravy Mix
- 1 ounce Hidden Valley Ranch
- 1 11/16 ounces italian dressing mix
- 2 cups warm water
- 3 pounds beef chuck roast

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 130 milligrams
4. Fat: 37 grams
5. Fiber: 3 grams
6. Protein: 39 grams
7. SaturatedFat: 14 grams
8. Sodium: 190 milligrams
9. Sugar: 4 grams

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