

Spicy Roasted Red Pepper and Italian Sausage Pizza

Yield: 8 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-pizza-recipe-masterchef>

Ingredients:

- pizza dough for a 12" Pizza, I use the recipe from America's Test Kitchen Family Baking Book
- 2 yellow onions medium sweet
- 3 bell peppers medium, red, yellow, orange
- 1/2 pound italian sausage pre-cooked sliced
- 1 pound mozzarella cheese shredded
- 1 tablespoon olive oil
- 1 teaspoon kosher salt or sea
- 1 tablespoon butter
- 4 cloves garlic minced
- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- 1 teaspoon kosher salt or sea
- 1 teaspoon ground black pepper
- 2 tablespoons red pepper flakes
- 1 cup tomato puree

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 70 milligrams
4. Fat: 25 grams
5. Fiber: 3 grams
6. Protein: 18 grams
7. SaturatedFat: 12 grams
8. Sodium: 1300 milligrams
9. Sugar: 4 grams

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