

Hearty Italian Sausage Soup

Yield: 5 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/hearty-italian-sausage-soup-recipe>

Ingredients:

- 1 pound italian sausage hot or mild
- 1/2 cup green pepper chopped
- 1/2 cup chopped onion
- 28 ounces diced tomatoes
- 16 ounces tomato sauce or one 15 oz
- 2 cups water
- 1 tablespoon instant chicken bouillon /cubes
- 1/2 teaspoon garlic powder
- 3/4 cup macaroni or small pasta shells
- shredded cheese for topping, we like cheddar or mozzarella

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 75 milligrams
4. Fat: 33 grams
5. Fiber: 5 grams
6. Protein: 20 grams
7. SaturatedFat: 12 grams
8. Sodium: 1310 milligrams
9. Sugar: 15 grams

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