

Homemade Heart Shaped Churros

Yield: 12 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/churros-ii-recipes>

Ingredients:

- 1 cup water
- 1 1/2 tablespoons sugar
- 1/2 teaspoon salt
- 2 tablespoons vegetable oil
- 1 cup all-purpose flour
- oil for frying, enough to fill your saucepan to 2"
- 1/2 cup sugar
- 1 teaspoon ground cinnamon

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 17 grams
3. Fat: 4 grams
4. Protein: 1 grams
5. Sodium: 95 milligrams
6. Sugar: 10 grams

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