

Garlic Butter Shrimp and Quinoa

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/healthy-shrimp-dinner-recipes>

Ingredients:

- 1 tablespoon olive oil
- 1/2 cup finely chopped onion
- 5 teaspoons minced garlic divided
- 2 cups quinoa uncooked
- 1 teaspoon chili powder divided
- 4 cups vegetable broth
- 6 tablespoons salted butter divided
- 1 pound shrimp raw tail-on
- salt
- pepper
- fresh parsley for serving
- fresh lemon juice for serving

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 66 grams
3. Cholesterol: 220 milligrams
4. Fat: 28 grams
5. Fiber: 7 grams
6. Protein: 36 grams
7. SaturatedFat: 12 grams
8. Sodium: 1440 milligrams
9. Sugar: 4 grams

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