

Mexican Cornbread Casserole- For You Sandy!

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-cornbread-with-ground-meat>

Ingredients:

- 2 pounds ground meat
- 2 taco seasoning mix packs, add one for every 1lb of meat
- 2 boxes corn muffin mix
- 14 ounces cream corn can of
- 14 ounces corn can of kernel, drained
- 1 1/2 cups shredded cheese
- 4 ounces green chiles chopped, drained

Nutrition:

1. Calories: 760 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 190 milligrams
4. Fat: 38 grams
5. Fiber: 7 grams
6. Protein: 61 grams
7. SaturatedFat: 18 grams
8. Sodium: 1840 milligrams
9. Sugar: 10 grams
10. TransFat: 2.5 grams

Thank you for visiting our website. Hope you enjoy Mexican Cornbread Casserole-For You Sandy! above. You can see more 19 recipe for mexican cornbread with ground meat Deliciousness awaits you! to get more great cooking ideas.