

Food Babe's Healthy Holiday Granola

Yield: 10 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/healthy-holiday-recipe-ideas>

Ingredients:

- 3 cups rolled oats
- 2 cups nuts your choice, I used pistachios and almonds
- 3/4 cup shredded unsweetened coconut
- 1 tablespoon vanilla
- 1/4 cup coconut oil melted
- 1/3 cup maple syrup
- 3/4 teaspoon sea salt
- 2 teaspoons pumpkin pie spice or cinnamon
- 3/4 cup dried cherries goji berries or cranberries

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 35 grams
3. Fat: 24 grams
4. Fiber: 6 grams
5. Protein: 10 grams
6. SaturatedFat: 8 grams
7. Sodium: 210 milligrams
8. Sugar: 11 grams

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