

Healthy Greek Salad Dressing

Yield: 1 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/healthy-greek-salad-dressing-recipe>

Ingredients:

- 1/2 cup extra-virgin olive oil high quality
- 1/2 cup red wine vinegar high quality
- 1 lemon large, juiced, or 2 small ones
- 2 teaspoons minced garlic
- 2 teaspoons dried oregano
- 1/2 teaspoon dried thyme
- 1/2 teaspoon dried rosemary
- 1/4 teaspoon sea salt adjust to personal taste
- 1/4 teaspoon black pepper fresh, adjust to personal taste

Nutrition:

1. Calories: 1020 calories
2. Carbohydrate: 16 grams
3. Fat: 108 grams
4. Fiber: 7 grams
5. Protein: 2 grams
6. SaturatedFat: 15 grams
7. Sodium: 610 milligrams

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