

Copycat Olive Garden Salad

Yield: 4 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/health-nut-house-italian-dressing-recipe>

Ingredients:

- 1 bag salad American, Mixor your favorite pre-washed salad mix
- 2 Roma tomatoes seeds removed, sliced lengthwise and in wedges
- 1 red onion small, sliced very thin
- 1 jar peppers mild Pepperocini, about 6
- 6 black olives sliced
- 1 cup croutons
- Italian dressing optional
- ground pepper optional
- shaved Parmesan optional
- olive optional

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 13 grams
3. Fat: 3.5 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 270 milligrams
8. Sugar: 3 grams

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