

Grilled Chicken Rainbow Cobb Salad

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/head-lettuce-recipe-chinese>

Ingredients:

- 2 chicken breasts grilled
- 4 Roma tomatoes cut into round sections
- 2 carrots shredded
- 1 yellow pepper sliced
- 1 cup corn can be canned
- 1 avocado
- 1 cup blueberries
- 1 cup purple cabbage
- bacon
- head lettuce rinsed and shredded
- salt
- pepper
- salad dressing Vinaigrette, to taste

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 8 grams
6. Protein: 29 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 400 milligrams
9. Sugar: 10 grams

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