

# Haydel's King Cake

Yield: 4 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/haydel-s-russian-cake-recipe>

## Ingredients:

- 1/3 cup granulated sugar
- 1 teaspoon salt
- 1/2 cup shortening
- 2 large eggs
- 2 active dry yeast packs, 1/4 ounce each
- 1 cup milk heated to 110°F.
- 1 teaspoon lemon orange, vanilla, or butter flavoring
- 4 cups all-purpose flour in all, or as needed
- vegetable oil
- 1 cup granulated sugar
- 3 tablespoons ground cinnamon
- granulated sugar 1/4cup each purple, green, and gold
- colored sugar
- food coloring
- granulated sugar
- cake Haydel's King

## Nutrition:

1. Calories: 1210 calories
2. Carbohydrate: 196 grams
3. Cholesterol: 125 milligrams
4. Fat: 39 grams
5. Fiber: 8 grams
6. Protein: 21 grams
7. SaturatedFat: 9 grams
8. Sodium: 750 milligrams
9. Sugar: 84 grams
10. TransFat: 3.5 grams

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