

# Grilled Hawaiians

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-ham-swiss-cheese-hawaiian-rolls>

## Ingredients:

- 3 tablespoons butter or margarine, softened
- 8 slices bread
- 4 slices swiss cheese
- 8 slices cooked ham thinly sliced
- 8 ounces crushed pineapple drained

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 50 milligrams
4. Fat: 18 grams
5. Fiber: 2 grams
6. Protein: 12 grams
7. SaturatedFat: 11 grams
8. Sodium: 460 milligrams
9. Sugar: 8 grams

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