

# Hawaiian Banana Nut Bread

Yield: 10 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-banana-nut-bread-recipe>

## Ingredients:

- 1 1/2 cups flour
- 1 cup granulated sugar
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 2 large eggs
- 1 teaspoon vanilla extract
- 3/4 cup vegetable oil
- 1 cup banana mashed ripe, from 2 bananas
- 8 ounces crushed pineapple drained
- 1/2 cup chopped walnuts

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 40 milligrams
4. Fat: 22 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 2 grams
8. Sodium: 200 milligrams
9. Sugar: 25 grams

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