

Hawaiian Teriyaki Burgers

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/hawaiian-rolls-ham-and-swiss-cheese-recipe>

Ingredients:

- 12 ounces ground chuck
- 4 ounces ground ham or ground spam I used ham
- 1 tablespoon ginger paste
- 1 teaspoon minced garlic
- 1 teaspoon salt
- 1 teaspoon black pepper
- 1 tablespoon teriyaki sauce Kona Coast Island Teriyaki, or homemade
- 1 tablespoon sambal chili paste for spicy
- 4 sandwich rolls Hawaiian
- 1 red onion sliced
- 1 fresh pineapple peeled, cored and sliced, you'll have some extra
- 2 tablespoons brown sugar
- 4 slices swiss cheese
- 1/2 cup teriyaki sauce additional

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 69 grams
3. Cholesterol: 85 milligrams
4. Fat: 23 grams
5. Fiber: 4 grams
6. Protein: 34 grams
7. SaturatedFat: 11 grams
8. Sodium: 2570 milligrams
9. Sugar: 38 grams
10. TransFat: 1 grams

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