

Hawaiian Ham Bake

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/hawaiian-ham-swiss-slider-recipe>

Ingredients:

- 3 cups fully cooked ham cubed
- 1 onion medium, thinly sliced
- 1 green pepper small, cut into rings
- 2/3 cup raisins
- 3/4 cup pineapple tidbits, drained
- 3/4 cup brown sugar packed
- 3 tablespoons cornstarch
- 3 teaspoons ground mustard
- 1/4 teaspoon salt
- 1 1/2 cups pineapple juice
- 1/2 cup cider vinegar
- 4 1/2 teaspoons reduced sodium soy sauce
- cooked rice

Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 68 grams
3. Cholesterol: 65 milligrams
4. Fat: 18 grams
5. Fiber: 3 grams
6. Protein: 25 grams
7. SaturatedFat: 6 grams
8. Sodium: 1610 milligrams
9. Sugar: 52 grams

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