

Hawaiian Crockpot Ham Sandwiches

Yield: 7 min
Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/hawaiian-buns-ham-swiss-recipe>

Ingredients:

- 2 pounds cooked ham sliced
- 1/2 sweet onion large, sliced
- 15 ounces crushed pineapple
- 15 ounces pineapple diced
- 3/4 cup brown sugar
- 1/4 cup Dijon mustard
- buns for serving
- mozzarella optional
- pineapple optional
- cheese optional

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 75 milligrams
4. Fat: 10 grams
5. Fiber: 2 grams
6. Protein: 36 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1750 milligrams
9. Sugar: 30 grams

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