

# Happy Family

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/happy-family-chinese-recipe>

## Ingredients:

- 3 tablespoons oil
- 1 cup onion green and red bell peppers
- 2 cups mixed vegetables
- sliced carrot
- sugar snap peas
- broccoli florets
- 1 1/2 cups vegetables canned
- water chestnut
- bamboo shoot
- baby corn
- straw mushroom
- 1 cup meat sliced
- pork
- chicken breast
- beef
- 1/2 cup mixed seafood
- lobster meat
- shrimp
- sea scallops
- 3 cloves garlic peeled and minced
- 1/4 teaspoon sugar
- 1/4 teaspoon salt
- 1/4 teaspoon ground white pepper
- 1 teaspoon sherry wine or any Chinese cooking wine
- 1/2 teaspoon cornstarch
- 1 tablespoon light soy sauce
- 1 tablespoon oyster sauce
- 1 tablespoon sweet soy sauce
- 1/2 teaspoon sesame oil
- 3 dashes ground white pepper
- 2 tablespoons sherry wine or any Chinese cooking wine
- 1 teaspoon cornstarch
- 3/4 cup chicken broth
- salt

- sugar