

Hanger Steak with Salsa Verde & Plantains

Yield: 2 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/hanger-steak-mexican-recipe>

Ingredients:

- 10 ounces hanger steak
- 1 avocado
- 1 bunch cilantro
- 1 bunch parsley
- 1 clove garlic
- 1 lime
- 1 green plantain
- 1 shallot
- 2 tablespoons red wine vinegar

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 50 milligrams
4. Fat: 25 grams
5. Fiber: 12 grams
6. Protein: 36 grams
7. SaturatedFat: 6 grams
8. Sodium: 120 milligrams
9. Sugar: 16 grams

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