

Simple Hamburger Stroganoff

Yield: 5 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/hamburger-recipe-indian-style>

Ingredients:

- 1 pound hamburger lean
- 1/2 cup chopped onion
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- salt
- pepper
- 10 ounces cream of mushroom soup
- 6 ounces egg noodles dried
- 2 cups water as needed
- 3 ounces cream cheese
- 1/2 cup sour cream

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 120 milligrams
4. Fat: 27 grams
5. Fiber: 2 grams
6. Protein: 25 grams
7. SaturatedFat: 12 grams
8. Sodium: 480 milligrams
9. Sugar: 3 grams
10. TransFat: 1 grams

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