

# Supreme Pizza Soup

## #BetterBakery

Yield: 8 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/hamburger-italian-sausage-meatloaf-recipe>

### Ingredients:

- 1/4 pound hamburger
- 1/4 pound italian sausage
- 3 slices canadian bacon diced
- 12 pieces pepperoni diced
- 1/4 cup red bell pepper chopped
- 1/4 cup green bell pepper chopped
- 1/2 mushrooms chopped
- 1/2 cup red onion chopped
- 1 clove garlic induced
- 1/2 cup pizza sauce
- 14 1/2 ounces fire roasted tomatoes drained
- 3 cups beef stock
- 1/4 teaspoon red pepper flakes
- 1/4 teaspoon black pepper
- 3 tablespoons pesto

### Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 20 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 8 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 400 milligrams
9. Sugar: 2 grams

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