

Breakfast Biscuit Quiches

Yield: 10 min
Total Time: 33 min

Recipe from: <https://www.recipeschoose.com/recipes/ham-swiss-biscuit-recipe>

Ingredients:

- 2/3 cup shredded swiss cheese
- 1/3 cup ham finely chopped
- 1/4 cup onions finely chopped green
- 3 eggs
- 2 tablespoons milk
- 1/4 teaspoon salt
- 1/8 teaspoon pepper
- 12 ounces refrigerated buttermilk biscuits 1 package, 10 biscuits

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 75 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 550 milligrams
9. Sugar: 2 grams

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