

# Baked Ham

Yield: 18 min  
Total Time: 335 min

Recipe from: <https://www.recipeschoose.com/recipes/easter-themed-food-recipes>

## Ingredients:

- 12 pounds ham rump portion
- 1/2 cup whole cloves
- 1 cup brown sugar packed
- 4 cups water or as needed

## Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 170 milligrams
4. Fat: 28 grams
5. Fiber: 4 grams
6. Protein: 52 grams
7. SaturatedFat: 9 grams
8. Sodium: 3960 milligrams
9. Sugar: 8 grams

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