

Ham and Swiss Loaf with Horseradish Honey Glaze

Yield: 10 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/ham-and-swiss-loaf-recipe>

Ingredients:

- 1 1/2 cups warm water
- 1 1/2 teaspoons yeast
- 1 tablespoon honey
- 3 1/2 cups wheat flour whole white
- 2 teaspoons kosher salt
- 8 ounces ham deli sliced or leftover
- 8 ounces cheese swiss or cheddar are great options for this
- 1 lemon juiced
- 2 tablespoons honey
- 1 tablespoon horseradish
- 2 tablespoons chia seeds

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 35 milligrams
4. Fat: 11 grams
5. Fiber: 6 grams
6. Protein: 16 grams
7. SaturatedFat: 6 grams
8. Sodium: 930 milligrams
9. Sugar: 6 grams

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