

# Ham and Swiss Lasagna Rolls

Yield: 7 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/ham-and-swiss-lasagna-recipe>

## Ingredients:

- 2 tablespoons butter
- 1/2 teaspoon oregano
- 1 garlic clove minced
- 1/2 teaspoon basil
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 cup flour
- 1 cup milk
- 1 cup chicken broth
- 2 tablespoons shredded swiss cheese
- 1/2 cup grated Parmesan divided
- 1/2 cup broccoli chopped
- 1/2 cup diced ham
- 1 cup ricotta cheese
- 1 egg
- 8 lasagna noodles cooked and laid flat

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 80 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 14 grams
7. SaturatedFat: 8 grams
8. Sodium: 510 milligrams
9. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Ham and Swiss Lasagna Rolls above. You can see more 15 ham and swiss lasagna recipe Prepare to be amazed! to get more great cooking ideas.