

Ham, Egg and Cheese Croissant Sandwich

Yield: 1 min
Total Time: 11 min

Recipe from: <https://www.recipeschoose.com/recipes/ham-and-swiss-croissant-sandwich-recipe>

Ingredients:

- 2 pieces ham uncured
- 1 croissant
- 1 piece cheese munster
- 1 tablespoon butter
- 2 eggs

Nutrition:

1. Calories: 740 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 595 milligrams
4. Fat: 48 grams
5. Fiber: 3 grams
6. Protein: 51 grams
7. SaturatedFat: 21 grams
8. Sodium: 3140 milligrams
9. Sugar: 6 grams

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