

Chicken Cordon Bleu Soup

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/ham-and-swiss-cheese-soup-recipe>

Ingredients:

- 7 cups potatoes diced
- 1 onion medium, diced
- 1 large carrot chopped
- 2 cups ham diced
- 2 cups chicken cooked & diced
- 2 teaspoons parsley
- 1 teaspoon thyme leaves
- 2 teaspoons Dijon mustard
- 5 cups chicken broth Ready to Serve, I use low sodium
- 1 cup milk
- 1/2 cup sour cream
- 2 cups swiss cheese shredded
- pepper to taste

Nutrition:

1. Calories: 870 calories
2. Carbohydrate: 63 grams
3. Cholesterol: 210 milligrams
4. Fat: 39 grams
5. Fiber: 8 grams
6. Protein: 72 grams
7. SaturatedFat: 18 grams
8. Sodium: 1850 milligrams
9. Sugar: 10 grams

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