

Ham and Swiss Biscuits

Yield: 12 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/ham-and-swiss-biscuits-recipe>

Ingredients:

- 2 cups self-rising flour
- 1/4 cup shortening
- 3/4 cup milk or buttermilk
- 1 cup shredded swiss cheese
- 1 cup diced ham
- 1 1/2 tablespoons Dijon mustard
- 2 tablespoons butter melted
- ground black pepper fresh

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 25 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 9 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 550 milligrams
9. Sugar: 1 grams
10. TransFat: 0.5 grams

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