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Halloween Skull Meatloaf

Yield: 4 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/halloween-meat-skull-recipe

Ingredients:

- 4 eggs
- 2 pounds ground beef 80/20 or 70/30 blend whichever you prefer
- 1 cup Parmesan cheese grated
- 2 tablespoons Worcestershire sauce
- 2 tablespoons mustard
- 1 tablespoon Sriracha sauce
- 3/4 cup panko Pork, crushed pork rinds
- 1 teaspoon salt
- 1 teaspoon pepper
- 1/2 cup barbecue sauce Sugar Free, we like the no sugar added Baby Rays brand best because it's made with allulose and caramelizes nic...
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Nutrition:

Calories: 1560 calories
Carbohydrate: 53 grams
Cholesterol: 765 milligrams

4. Fat: 93 grams5. Fiber: 2 grams6. Protein: 121 grams

7. SaturatedFat: 39 grams8. Sodium: 3830 milligrams

9. Sugar: 23 grams10. TransFat: 4.5 grams

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