

Halloween Bloody Baked Rats

Yield: 4 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/halloween-cheesy-spaghetti-recipe>

Ingredients:

- 2 pounds ground beef
- 1/2 onion chopped
- 1 egg beaten
- 1 cup dry bread crumbs
- 1 1/4 ounces meatloaf seasoning mix
- 1 cup cheddar cheese cubed
- 30 ounces tomato sauce
- 1 cup white sugar
- 1 tablespoon worcestershire sauce
- 1 ounce spaghetti uncooked, broken into fourths
- 1/2 carrot cut into 1/8-inch thick slices
- 1 tablespoon frozen green peas

Nutrition:

1. Calories: 1110 calories
2. Carbohydrate: 103 grams
3. Cholesterol: 240 milligrams
4. Fat: 52 grams
5. Fiber: 8 grams
6. Protein: 59 grams
7. SaturatedFat: 22 grams
8. Sodium: 1450 milligrams
9. Sugar: 73 grams
10. TransFat: 2.5 grams

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