

Healthy Halloween spider snacks

Yield: 1 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/halloween-recipe-snacks>

Ingredients:

- 1 string cheese
- 1 slice bread
- 2 black beans
- yogurt for tiny dots
- marinara sauce for serving, optional, homemade or store-bought

Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 101 grams
3. Cholesterol: 55 milligrams
4. Fat: 17 grams
5. Fiber: 28 grams
6. Protein: 38 grams
7. SaturatedFat: 10 grams
8. Sodium: 2280 milligrams
9. Sugar: 24 grams

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