

Purple Four Eyed Monster Spaghetti Halloween

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/halloween-noodles-recipe>

Ingredients:

- spaghetti Ingredients:
- 1 package noodles spaghetti, Purple gel food coloring
- marinara sauce Ingredients:
- 6 tablespoons olive oil
- 1/4 teaspoon minced garlic
- 1/3 cup diced onion
- 28 ounces stewed tomatoes
- 1 can tomato paste
- 4 tablespoons fresh parsley

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 34 grams
3. Fat: 22 grams
4. Fiber: 5 grams
5. Protein: 6 grams
6. SaturatedFat: 3 grams
7. Sodium: 790 milligrams
8. Sugar: 15 grams

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