

Halloween Trail Mix

Yield: 10 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/halloween-mix-recipe>

Ingredients:

- 2 cups Life Cereal I use vanilla flavor
- 1 cup mini pretzel twists
- 1/2 cup crackers frosted animal
- 1/2 cup peanuts
- 1/2 cup m&ms Halloween
- 1/3 cup candy corn

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 25 grams
3. Fat: 6 grams
4. Fiber: 1 grams
5. Protein: 4 grams
6. SaturatedFat: 2 grams
7. Sodium: 210 milligrams
8. Sugar: 11 grams

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