

Pumpkin Polenta

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/halloween-hand-recipe>

Ingredients:

- 3 cups water fresh
- 1 sea salt to taste
- 1 cup red Bob's, Mill Gluten-Free Polenta
- 14 ounces pumpkin puree organic
- 2/3 cup coconut milk or soy milk
- 2 1/2 tablespoons butter vegan
- 1 tablespoon agave nectar raw organic, optional
- 1/4 teaspoon nutmeg
- 3 tomatillos
- 1/2 orange bell pepper
- 1 chile pepper Anaheim
- 1 fresh lime
- 1 dash extra virgin olive oil
- agave nectar a drizzle of raw organic
- sea salt to taste
- hand a, ful of fresh chopped cilantro
- 1 avocado small