

# Extra-Bold Chex Mix

Yield: 24 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-chex-mix-recipe>

## Ingredients:

- 9 cups Chex Cereal I used equal parts corn, rice, and wheat Chex
- 2 cups mini pretzels
- 1 cup cheerios
- 1 cup peanuts
- 1/2 cup butter melted and hot
- 1/3 cup Worcestershire sauce
- 1 1/2 tablespoons seasoned salt
- 1 teaspoon garlic powder

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 10 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 3 grams
8. Sodium: 75 milligrams
9. Sugar: 1 grams

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