

Purple People Eater Halloween Smoothies

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-halloween-blueberry-ice-cream-recipe>

Ingredients:

- 1 cup vanilla yogurt divided
- 2 cups frozen peaches
- 2 cups frozen blueberries
- 1/3 cup orange juice
- 1/3 cup apple cider

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 10 milligrams
4. Fat: 2 grams
5. Fiber: 4 grams
6. Protein: 4 grams
7. SaturatedFat: 1 grams
8. Sodium: 40 milligrams
9. Sugar: 43 grams

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