

# Abruzzese Italian Meatballs and Spaghetti

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-meatballs-and-spaghetti>

## Ingredients:

- 1 package Italian meatballs Carando® Abruzzese
- 1 tablespoon extra-virgin olive oil
- 6 tomatoes on the vine large, seeded and diced
- 2 cloves garlic finely chopped
- 1 bunch fresh basil diced
- 3 sprigs fresh oregano diced
- 4 tablespoons unsalted butter
- 8 ounces spaghetti
- parmesan reggiano cheese to serve.

## Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 35 milligrams
4. Fat: 17 grams
5. Fiber: 5 grams
6. Protein: 11 grams
7. SaturatedFat: 8 grams
8. Sodium: 75 milligrams
9. Sugar: 7 grams

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