

Green Beans with Ground Pork

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/ground-pork-with-green-beans-chinese-recipe>

Ingredients:

- 3 cups green beans
- 1 leek small, white and light green part, washed well and finely chopped
- 1/2 ounce fresh ginger 2-inch chunk, peeled and minced
- 2 cloves garlic minced
- 1 tablespoon vegetable oil
- 7 ounces ground pork
- 3 tablespoons soy sauce
- red chiles Dried, to taste
- sesame oil to taste

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 35 milligrams
4. Fat: 19 grams
5. Fiber: 3 grams
6. Protein: 11 grams
7. SaturatedFat: 5 grams
8. Sodium: 710 milligrams
9. Sugar: 3 grams

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