

# JAPANESE TSUKUNE WITH TERIYAKI SAUCE

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-eggplant-wirh-ground-meat-recipe>

## Ingredients:

- 1 small onion about 4 oz, peeled
- 1 stalk celery
- 10 ounces ground meat
- 1/2 pork
- salt
- pepper
- 1 medium egg
- 2 tablespoons all-purpose flour
- 6 fresh basil leaves
- vegetable oil or Sunflower, for frying
- shichimi togarashi or chili pepper
- sansho or szechuan pepper
- lemon wedges
- 1/2 cup soy sauce
- 1/2 cup mirin
- 4 tablespoons superfine sugar

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 100 milligrams
4. Fat: 14 grams
5. Fiber: 4 grams
6. Protein: 19 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 2060 milligrams
9. Sugar: 9 grams

10. TransFat: 1 grams

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