

Super Meaty Spaghetti Sauce

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/spaghetti-sauce-recipe-with-ground-italian-sausage>

Ingredients:

- 2 pounds hamburger ground
- 2 pounds ground Italian sausage
- 8 ounces diced mushrooms finely
- 3 jars spaghetti sauce your favorite

Nutrition:

1. Calories: 1760 calories
2. Carbohydrate: 80 grams
3. Cholesterol: 335 milligrams
4. Fat: 121 grams
5. Fiber: 17 grams
6. Protein: 87 grams
7. SaturatedFat: 44 grams
8. Sodium: 4040 milligrams
9. Sugar: 50 grams
10. TransFat: 2.5 grams

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